Health Background Form Instructions

A link to the form can be found on the EMBA incoming student website.


Many medical providers’ offices are very busy with this type of informational request as the start of the school year approaches. Make an appointment with your provider early to make sure you are in compliance by orientation.

Make sure to keep a copy for your records.

*Don’t forget to complete the meningitis part of the form by checking a box and signing your name and the mandatory tuberculosis screening form.

** Federal guidelines require all students born after 1957 to file verification of immunization with UB before they can be registered for classes. Failure to meet federal compliance standards will result in the inability to receive grades for your classes and register for the following semester.

What vaccines & health education certifications are required for a new student?
According to New York State law, new students must document their immunity to Measles, Mumps, and Rubella (MMR). New students must also certify that they have been educated regarding the disease Meningitis and the available vaccine (Part 3 of the Health Background Form gives you the opportunity to complete this requirement).

What are the ways I can document immunity to Measles, Mumps, and Rubella?
Proof of Measles Immunity Requirement:

a. TWO doses of Measles Vaccine given on or after the first birthday, and at least 30 days apart (preferably three months). Vaccines given prior to 1968 are only valid if proven to be live vaccine without gamma globulin, or
b. Physician diagnoses and documented history of the disease; or Serologic evidence of immunity; or
c. Proof of attendance in a U.S. primary or secondary school after 1980, PLUS proof of a second dose of live measles virus vaccine administered within one year prior to attending UB.

Proof of Mumps Immunity Requirement:

a. One dose of Mumps vaccine on or after the first birthday, given after January 1, 1969, or
b. Physician documented history of disease; or Serologic immunity

Proof of Rubella Immunity Requirement:

a. One dose of Rubella vaccine on or after the first birthday, given after January 1, 1969, or
b. Serologic evidence of immunity. (History of illness is not acceptable).

**What if I was already a UB student and handed in my Health Background Forms before?**
Please call the Student Health Services office at 716-829-3316 to make sure you are “in compliance” with the current state regulations.

**What if my childhood records are lost or unobtainable?**
You can check with your previous college or high school health office to see if they have a copy of your records. If not, you can have a titer blood test done, which will show your current levels of immunity or you can have the shots done again.

Additional questions can be answered by viewing the Student Health Services website at wellness.buffalo.edu or by calling the office at 716-829-3316.